

Illustrated Standard Operating Procedure For Slum visits

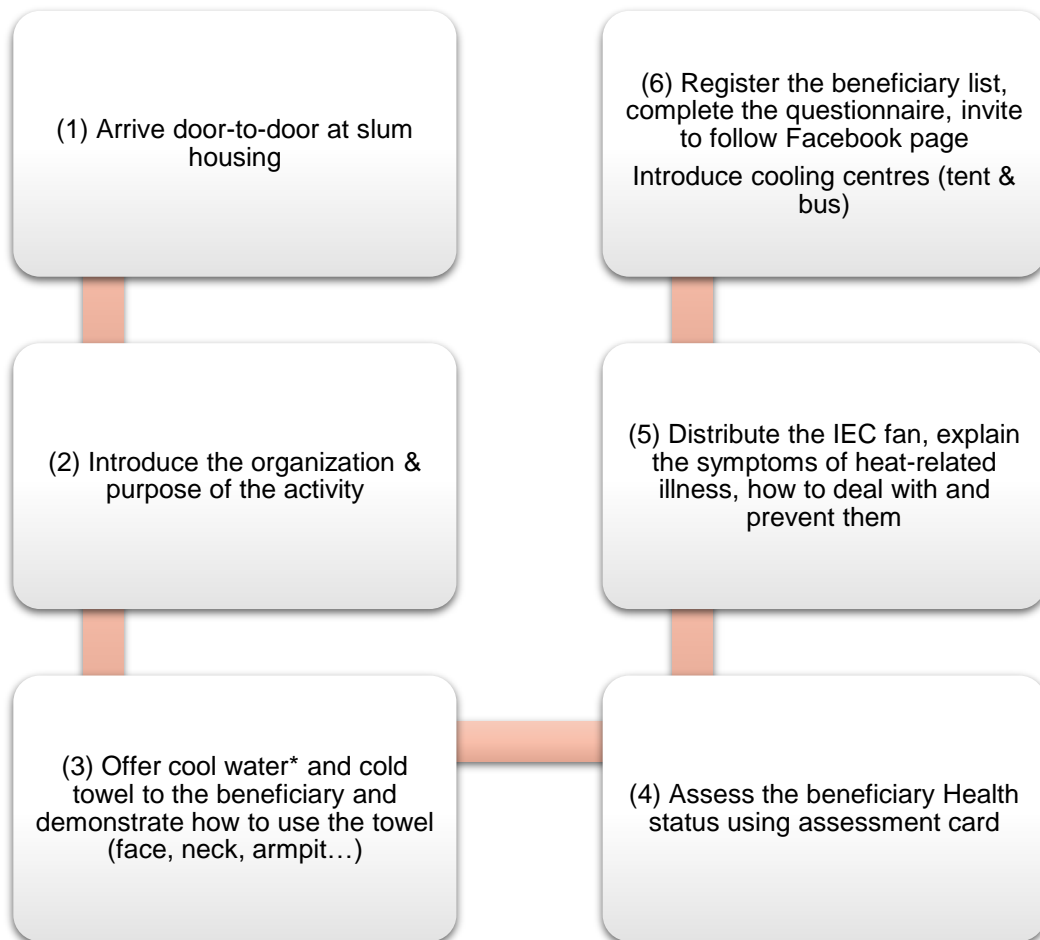
February 2020



VIET NAM RED CROSS

THE DOCUMENT IS DEVELOPED WITH SUPPORT OF GERMAN RED CROSS

OVERVIEW OF STEPS



STEPS 1: ARRIVE DOOR-TO-DOOR AT SLUM HOUSING



STEP 2: INTRODUCE THE ORGANIZATION & PURPOSE OF THE ACTIVITY



STEP 3: OFFER COOL WATER* AND COLD TOWEL TO THE BENEFICIARY AND DEMONSTRATE HOW TO USE THE TOWEL (FACE, NECK, ARMPIT...)

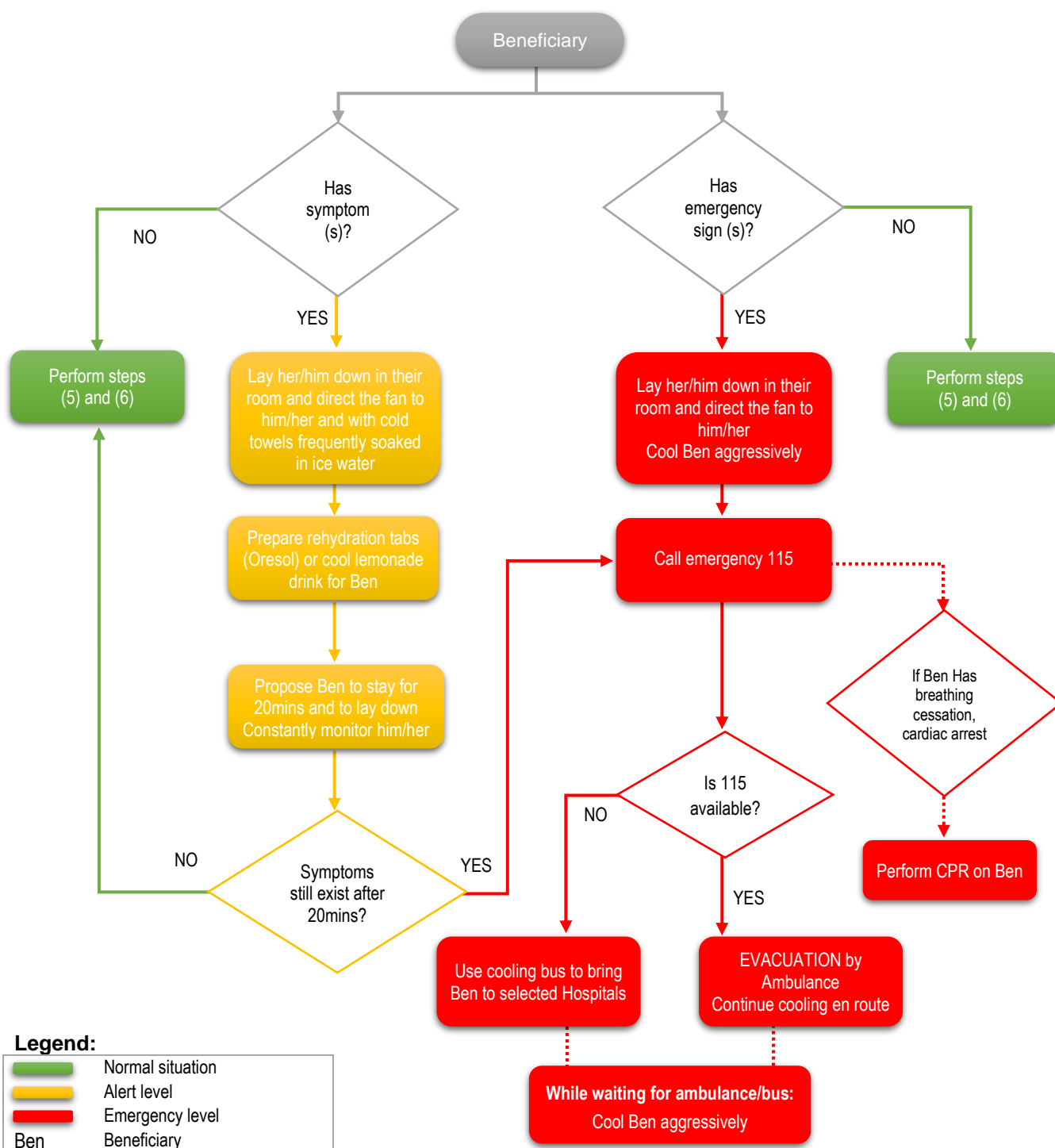


The water or tea should have small element of sugar



STEP 4: ASSESS THE BENEFICIARY HEALTH STATUS

Flow chart for caring beneficiary at slum housing



Notes:

Symptoms

- Feeling faint, 'seeing stars'
- Feeling dizzy or giddy
- Feeling weak
- Cramps in lower limbs
- Numbness

Emergency sign

- Loss of body movements control
- Coma
- Confusion
- Convulsion
- Vomiting and stomach pain
- Chest pain
- Difficulty to breath
- Hyperventilation

Symptoms still exist after 20 minutes

- Symptoms still exist after 20 minutes or if health status deteriorates (apparition of emergency sign)

Cool Ben aggressively

- Cool Ben aggressively by ice water towel placed on maximum body surface area (including the head neck, groin, armpit) with frequent soaking of towels in ice water

Assess the beneficiary health status using assessment card



Request authorization for picture taking (picture 1)

Symptoms:

- Feeling dizzy or giddy
- Feeling faint, 'seeing stars'
- Feeling weak
- Cramps in lower limbs
- Numbness

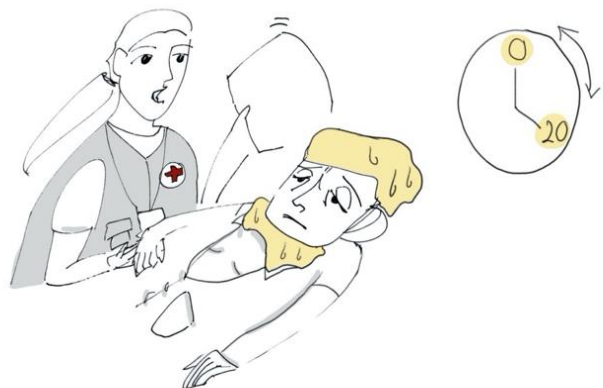


If the beneficiary has symptom:

- Prepare rehydration tabs (Oresol) or cool lemonade drink for the beneficiary

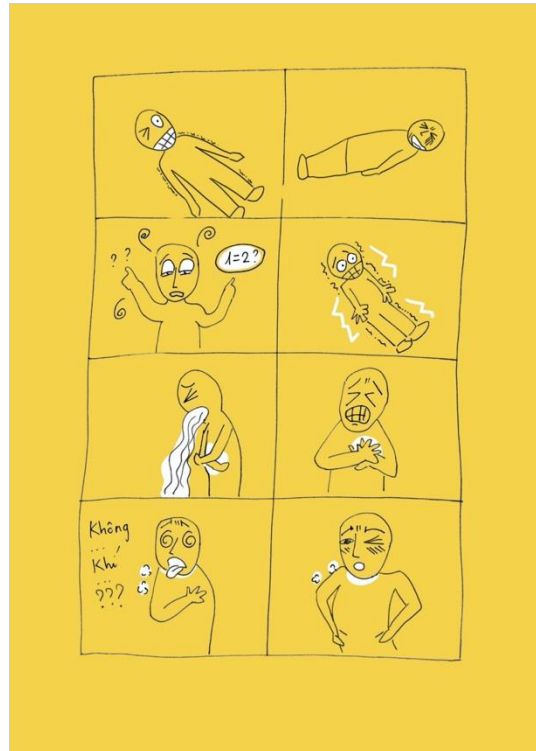


- Propose the beneficiary to stay for 20 minutes and lay down in his/her room with fan in his/her direction and with cold towels frequently soaked in ice water
- Constantly monitor him/her



Signs:

- Loss of body movements control,
- Coma,
- Confusion,
- Convulsion,
- Vomiting and stomach pain,
- Chest pain,
- Difficulty to breath,
- Hyperventilation

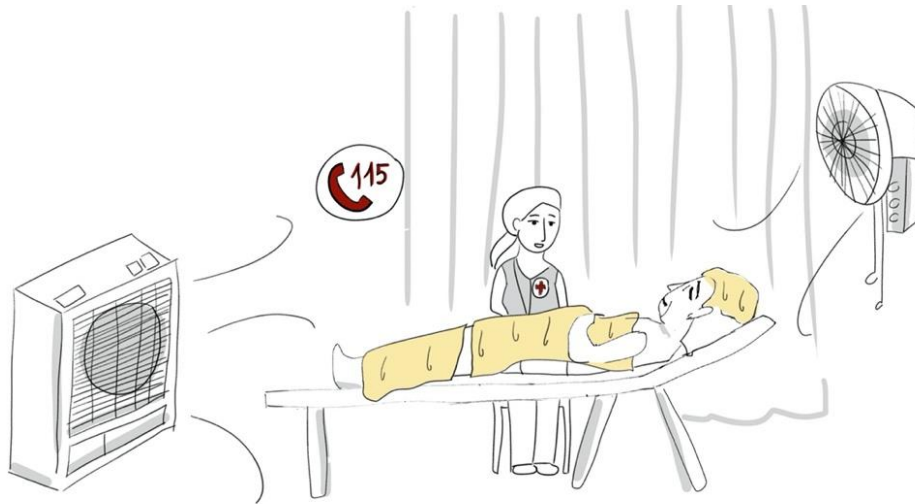


If beneficiary has breathing cessation, cardiac arrest:

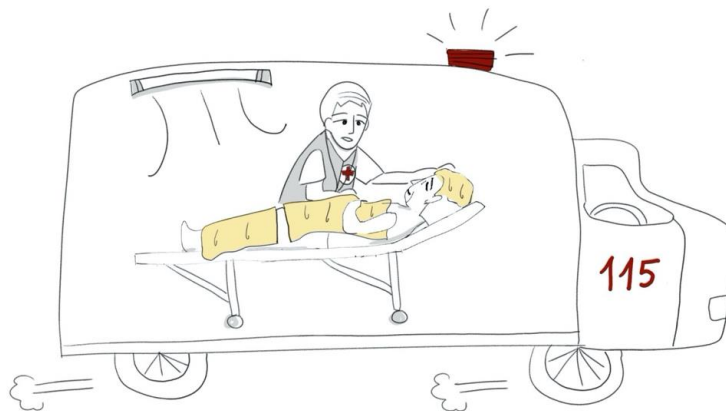
- Perform CPR on the beneficiary



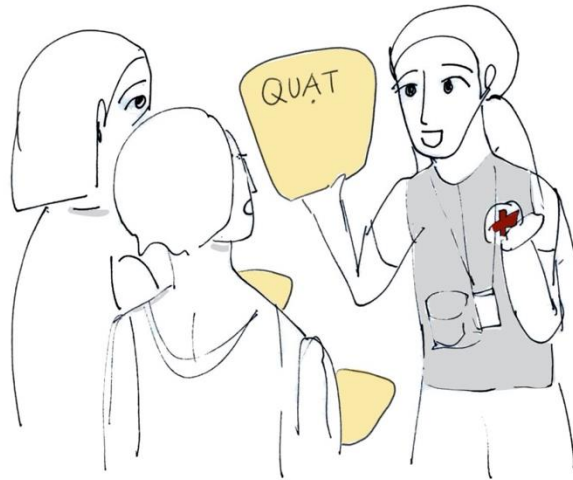
- Lay her/him down in their room and direct the fan to him/her.
- Cool Beneficiary aggressively by ice water towel placed on maximum body surface area (including the head neck, groin, armpit) with frequent soaking of towels in ice water



EVACUATION by Ambulance
Continue cooling en route



STEP 5: DISTRIBUTE THE IEC FAN, EXPLAIN THE SYMPTOMS OF HEAT-RELATED ILLNESS, HOW TO DEAL WITH AND PREVENT THEM



**STEP 6: REGISTER THE BENEFICIARY LIST, COMPLETE THE QUESTIONNAIRE, INVITE TO FOLLOW FACEBOOK PAGE
INTRODUCE COOLING CENTRES (TENT & BUS)**

